

Quality of life and levels of training of professional caregivers



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Key Words:

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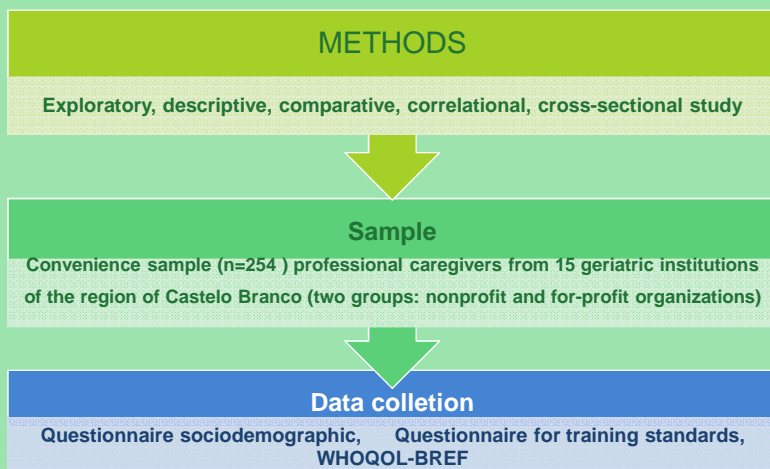
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The increasing elderly population associated with increased human longevity and therefore a higher prevalence of chronic diseases and higher levels of disability, brings out the importance of a professional group considered crucial to the care process in a dignified and qualified geriatric institutions: formal caregivers.

The quality of life of these professionals is conditioned by stressful emotional situations often associated with emotional exhaustion and anxiety resulting of the demands of work, which may reflect in the way we provide care (Shapiro, Brown & Biegel, 2007).

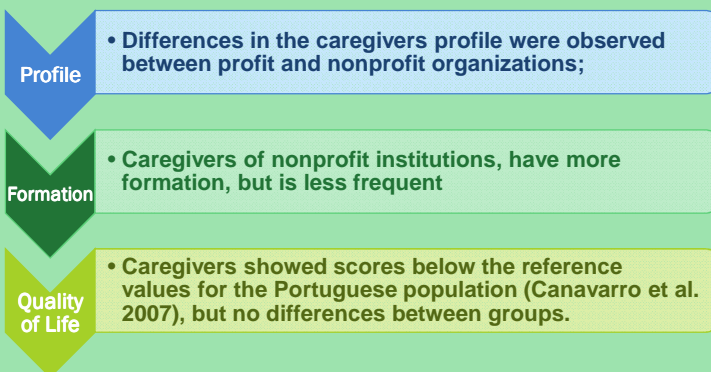
The multidisciplinary training of these professionals may be the key to a dignified and careful with quality policy. It is therefore necessary to know the profile of these formal caregivers the kind of training they perform, and their relationship to quality of life.



OBJECTIVES

- Evaluate and compare:
 - Sociodemographic profile;
 - Levels of training;
 - Quality of life;
- of formal caregivers of institutions for elderly;
- To evaluate the relationship between levels of formation and quality of life;

RESULTS



CONCLUSION

The relationships found between the training profile, QOL and sociodemographic variables indicates the need for training in organizations and careers to commit to provide training and continuous upgrades to formal caregivers, focusing on the promotion of knowledge and skills relating to the care, assuring better care for older people and better QOL to these professionals.

Highest levels of QOL in the Physical ($p = 0.038$), psychological ($p = 0.003$) and social dimension of WHOQOL-BREF ($p = 0.009$) in professionals that work in their own field of study

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